## ZUTPHEN NAZARETH DORTMUND



# TRADITIONAL AIKIDO EUROPE FRIENDSHIP SEMINAR

## 16th - 17th May 2020 in Dortmund

The Traditional Aikido Europe (TAE) dojos of Dortmund (Germany), Nazareth (Belgium) and Zutphen (Netherlands) invite you to the TAE Friendship seminars. Richard van Berkum (Zutphen, 4th Dan Aikikai), Filip Schuerbeke (Nazareth, 3rd Dan Aikikai) and Thomas Schönherr (Dortmund, 2nd Dan Aikikai) will teach together.

The theme will be Riai, the close relationship between Bukiwaza (weapon techniques) and Taijutsu (empty hand techniques). The training will focus on the transition from Kihon (static) to Ki-no-nagare (flowing).

The seminars are open to Aikidoka of all styles and levels of experience. Our aim is to encourage new training experiences and friendships on the mat. Schedule \_ Saturday Sunday

10.00 - 12.30 | break | 13.30 - 16.00 10.00 - 12.30 | break | 13.30 - 16.00

Please bring bokken and jo!

### Location

Gym at the Tremonia-School Langestraße 84 | 44137 Dortmund | Germany (Access via Albrechtstraße)

#### Costs

Full Seminar  $\in$  **40,**-Saturday  $\in$  **25,**-Sunday  $\in$  **25,**-

Snacks and drinks are included. Foreign Aikidoka can pay the fee in cash on location. Insurance to be organized individually!

If you need accomodation, please contact us.

Registration by email: hallo@aikido-dortmund.de www.aikido-dortmund.de

Next TAE friendship seminar dates 2020:

**Nazareth:** 10th - 11th October **Zutphen:** Dates will follow soon



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